

ABSTRACT OF THE DISCLOSURE

Laser light irradiation can be performed on a recordable surface in a defocused state with a high-power laser beam with safety without incurring data destruction due to erroneous data recording or overwrite recording even in the recording on an eccentric disk or regardless of occurrence of wobbling of the disk surface. Laser irradiation is performed after moving an objective lens radially inwardly beyond a PCA located at an inner peripheral portion of the disk (or radially outwardly beyond the PCA located at an outer peripheral portion of the disk) by using a tracking coil.